

# Rensselaer County Suicide Prevention Task Force

## Who are we?

The Task Force is a group of community members, local organizations and advocates dedicated to reducing suicide and suicide attempts across Rensselaer County. We promote the adoption of “zero suicides” and work collaboratively to prevent suicide.

## What do we do?

We meet monthly to share information utilizing a multi-level approach to implement proven suicide prevention strategies.

## How can you help?

Join us for our next meeting!

Contact us at [RCSPTF@gmail.com](mailto:RCSPTF@gmail.com)  
for our next meeting time and location.

We offer:

- Resources and referrals
- Suicide prevention education and training
- Awareness campaigns
- Advocacy

**FOR MORE INFORMATION:**

[www.rcsuicideprevention.com](http://www.rcsuicideprevention.com)

**Find us on Facebook:**

Rensselaer County  
Suicide Prevention  
Task Force



**RENSSELAER  
COUNTY  
SUICIDE  
PREVENTION  
TASK FORCE**

Bringing hope, healing and  
support to communities.

# Rensselaer County Suicide Postvention Response Team

Suicide has a devastating impact on families, friends and communities. Research demonstrates that a well-coordinated and timely community-wide response is an effective strategy to support healing and reduce risk for further suicide and suicidal behaviors.

## The goal of the Suicide Postvention Response Team is to:

- provide support to those most immediately affected by suicide loss, as well as other vulnerable members of the community;
- provide guidance for safe and appropriate messaging and memorial activities;
- help monitor for additional crises, and provide information about grief support and mental health resources;
- educate the public about suicide prevention strategies.

## Who can request help from the team?

Anyone from Rensselaer County who has been touched by a recent suicide: family, friends, colleagues, schools, organizations, churches, etc.

The days and weeks following a suicide are often the most difficult. If you have experienced a suicide, please call (518) 271-3299 to access the postvention team.

[www.rcsuicideprevention.com](http://www.rcsuicideprevention.com)

Find us on Facebook:

Rensselaer County Suicide Prevention Task Force